

The Harmony Trust PSHE Newsletter

Autumn 1 2025

Learning in PSHE this half term is based around rules and responsibilities. Children will remind themselves of the school rules and classroom expectations, making class charters and discussing how to be respectful to each other. They will take the opportunity to elect their pupil council, and to appoint pupils with responsibilities across the academy.

Early Years	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Taught across all areas of provision <i>Pupils will learn about the school rules and create rules within their own class/unit.</i>	Rules and Responsibilities - Rules & Expectations - Getting Help - Taking Turns - Lending/Borrowing - Sharing - Caring	Rules and Responsibilities - Rules - Getting Help - Trusted Adults - Ground Rules - Manners - Consequences	Rules and Responsibilities - School Rules - Manners - Democracy - Respect - Opinions	Rules and Responsibilities - Rules - Responsibility - Pupil Responsibility - Respect - Manners	Rules and Responsibilities - School Rules - Manners - Democracy - Self-esteem - Respect	Rights and Responsibilities - Rules - Responsibilities - Self-esteem - Self-respect - Respect & Diversity

Ground Rules

During this half term the children will learn and follow the rules which are expected within every PSHE lesson.

Every lesson will have consistent ground rules in place which:

- includes not asking personal questions or sharing personal information
- use correct terminology – this avoids derogatory use of language
- ensures confidentiality (unless safeguarding)
- ensures the right to pass (as long as actively listening)

#besafehealthyandhappy

#bedemocratic

#berespectful

✓ I won't ask you any personal questions about the topic
 ✓ Don't ask me
 ✓ Don't ask each other
 ✓ I won't tell you
 ✓ Don't tell me
 ✓ Don't tell each other

Trusted Adults

A trusted adult will be someone who your child feels comfortable to turn to for help. (family members, teachers and doctors)

Teachers will explore this concept with your child. Your child should be comfortable and capable of identifying who their trusted adults could be both within their families and wider circles.

You can use these next few weeks to discuss this with your child at home so you are all clear on who their trusted adults at school and at home are.



E-safety tip:

Explore the internet safely – tell your trusted adult if someone or something makes you feel uncomfortable.

Supporting your child at home

You can support your child at home with their learning in PSHE and topics we will be looking at throughout the year by visiting the bbc bitesize website

<https://www.bbc.co.uk/bitesize>

If you have any further questions, please speak to your academy Principal or e-mail info@theharmonytrust.org



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